### Summary

Influenza in the population is estimated using the number of GP consultations for flu like illnesses. For 2005 this started on April 4 and reached a peak during the week beginning Monday June 18. Since then levels have steadily decreased. Current levels are at baseline.

The health districts with the highest rate last week were Otago and Taranaki. Almost 59% of the cases this week were in adults aged more than 20 years and over 26% were in children aged 5-19 years.

So far this year almost 90% of the laboratory tested cases were influenza B with a small number of influenza A cases.

#### Thresholds used to describe influenza-like activity*

<table>
<thead>
<tr>
<th>Term used</th>
<th>Consultation rate (per 100 000 population)</th>
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<tbody>
<tr>
<td>Baseline</td>
<td>&lt;= 49</td>
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<tr>
<td>Normal seasonal activity</td>
<td>low 50-99</td>
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<tr>
<td></td>
<td>moderate 100-149</td>
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<tr>
<td></td>
<td>high 150-249</td>
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<td></td>
<td>higher than expected 250-399</td>
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<tr>
<td>severe epidemic</td>
<td>&gt;= 400</td>
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*Note. This was published in New Zealand Public Health Report 2001, 8(1):9-12 "Influenza surveillance and immunisation in New Zealand, 1990-1999"

In the past week, a total of 53 consultations for influenza-like illness were reported from 78 general practices in 20 out of 24 health districts. This gives a weekly consultation rate of 17.5 per 100 000 patient population.

Figure 1 compares the consultation rates for influenza-like illness for each health district over the past week. Otago had the highest consultation rate (141.2 per 100 000), followed by Taranaki (59.8 per 100 000).
Fifteen swabs were sent from the sentinel surveillance in the past week. Twenty swabs were received by virology laboratories. Of these, two influenza viruses were identified as A/California/7/2004-like one each from Eastern Bay of Plenty and Southland.

In addition, two influenza viruses were reported this week from the laboratory-based (non-sentinel) surveillance two as influenza A (yet to be sub-typed) one each from Waikato and Wellington.

Figure 2 shows the cumulative total of influenza isolates confirmed (sentinel and laboratory-based surveillance) to the end of week 35, 9 September 2005. A total of 820 influenza viruses were identified, 529 as B/Hong Kong/330/2001-like, 87 as influenza B (yet to be antigenically typed), 92 as B/Shanghai/361/2002-like, 24 as B/Sichuan/379/1999-like (belonging to B/Shanghai lineage), 53 as A/California/7/2004-like, 23 as influenza A (yet to be sub-typed), six as A/Wellington/1/2004-like, three as A/Fujian/411/2002-like, and three as A/New Caledonia/20/1999-like.
Cumulative laboratory-confirmed isolates by health district to 9 September 2005

Figure 2


Figure 3

Figure 3 shows the weekly national consultation rates for 2003 and 2004 seasons, and 2005 so far. The current rate of influenza is lower than at the same time last year.
Figure 4 illustrates consultation rates for influenza-like illness mapped by health district for week 36, 2005.

Figure 4

Consultations for Influenza-like Illness (per 100,000 practice patients)

- No Data
- No Activity (0)
- Baseline (<50)
- Normal (50 - 249)
- High Activity (250 - 399)
- Epidemic (>=400)

Code Health District
BE Eastern Bay of Plenty
CA Central Auckland
CB Canterbury
GS Gisborne
HB Hawkes Bay
HU Hutt
MW Manawatu
NL Northland
NM Nelson Marlborough
NW North West Auckland
OT Otago
RO Rotorua
SA South Auckland
SC South Canterbury
SO Southland
TG Tauranga
TK Taranaki
TP Taupo
WC West Coast
WG Wanganui
WK Waikato
WN Wellington
WR Wairarapa

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