Summary
Influenza in the population is estimated using the number of GP consultations for flu like illnesses. For 2005 this started on April 4 and reached a peak during the week beginning Monday June 18. Since then levels have steadily decreased. Current levels are at baseline.

The health districts with the highest rate last week were Otago and South Auckland. 60% of the cases this week were in adults aged more than 20 years and 30% were in children aged 5-19 years.

So far this year almost 89% of the laboratory tested cases were influenza B with a small number of influenza A cases.

<table>
<thead>
<tr>
<th>Term used</th>
<th>Consultation rate (per 100 000 population)</th>
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<tbody>
<tr>
<td>Baseline</td>
<td>&lt;= 49</td>
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<tr>
<td>Normal</td>
<td>low</td>
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<tr>
<td>seasonal activity</td>
<td>moderate</td>
</tr>
<tr>
<td></td>
<td>high</td>
</tr>
<tr>
<td>higher than expected</td>
<td>250-399</td>
</tr>
<tr>
<td>severe epidemic</td>
<td>&gt;= 400</td>
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</tbody>
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*Note: This was published in New Zealand Public Health Report 2001, 8(1):9-12 "Influenza surveillance and immunisation in New Zealand, 1990-1999"*

In the past week, a total of 50 consultations for influenza-like illness were reported from 77 general practices in 20 out of 24 health districts. This gives a weekly consultation rate of 17.4 per 100 000 patient population.

Figure 1 compares the consultation rates for influenza-like illness for each health district over the past week. Otago had the highest consultation rate (92.1 per 100 000), followed by South Auckland (63.2 per 100 000).
Thirteen swabs were sent from the sentinel surveillance in the past week. Fourteen swabs were received by virology laboratories. Of these, one influenza B virus (yet to be antigenically typed) was identified from Otago.

In addition, five influenza A (yet to be sub-typed) viruses were reported this week from the laboratory-based (non-sentinel) surveillance three from Otago, and one each from Central Auckland and Canterbury.

Figure 2 shows the cumulative total of influenza isolates confirmed (sentinel and laboratory-based surveillance) to the end of week 37, 16 September 2005. A total of 826 influenza viruses were identified, 530 as B/Hong Kong/330/2001-like, 86 as influenza B (yet to be antigenically typed), 93 as B/Shanghai/361/2002-like, 24 as B/Sichuan/379/1999-like (belonging to B/Shanghai lineage), 54 as A/California/7/2004-like, 25 as influenza A (yet to be sub-typed), six as A/Wellington/1/2004-like, five as A/New Caledonia/20/1999-like, and three as A/Fujian/411/2002-like.
Figure 2

Cumulative laboratory-confirmed isolates by health district to 16 September 2005

Figure 3 shows the weekly national consultation rates for 2003 and 2004 seasons, and 2005 so far. The current rate of influenza is lower than at the same time last year.

Figure 3

Figure 4 illustrates consultation rates for influenza-like illness mapped by health district for week 37, 2005.

Consultations for Influenza-like Illness (per 100,000 practice patients)

- No Data
- No Activity (0)
- Baseline (<50)
- Normal (50 - 249)
- High Activity (250 - 399)
- Epidemic (≥400)

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