Summary
Influenza in the population is estimated using the number of GP consultations for flu like illnesses. For 2006 this started on May 1. Current levels are low but the influenza activity this week has increased slightly compared with the previous week.

The health districts with the highest rate last week were South Canterbury and Hawke’s Bay. 51% of the cases this week were in adults aged between 20 and 64 years and 25% were in children aged 5-19 years.

So far this year 99% of the laboratory tested cases were influenza A with a small number of influenza B cases.

Thresholds used to describe influenza-like activity*

<table>
<thead>
<tr>
<th>Term used</th>
<th>Consultation rate (per 100 000 population)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseline</td>
<td>&lt;= 49</td>
</tr>
<tr>
<td>Normal seasonal activity</td>
<td>low 50-99</td>
</tr>
<tr>
<td></td>
<td>moderate 100-149</td>
</tr>
<tr>
<td></td>
<td>high 150-249</td>
</tr>
<tr>
<td></td>
<td>higher than expected 250-399</td>
</tr>
<tr>
<td></td>
<td>severe epidemic &gt;= 400</td>
</tr>
</tbody>
</table>

*Note: This was published in New Zealand Public Health Report 2001, 8(1):9-12 “Influenza surveillance and immunisation in New Zealand, 1990-1999”

In the past week, a total of 240 consultations for influenza-like illness were reported from 84 general practices in 21 out of 24 health districts. This gives a weekly consultation rate of 68.7 per 100 000 patient population.

Figure 1 compares the consultation rates for influenza-like illness for each health district over the past week. South Canterbury had the highest consultation rate (239.4 per 100 000), followed by Hawke’s Bay (226.9 per 100 000).
Forty-two swabs were sent from the sentinel surveillance in the past week. Fifty-six swabs were received by virology laboratories. Of these, 21 influenza viruses were isolated, 17 as influenza A (yet to be sub-typed) and four as A/New York/55/2004 (H3N2)-like. The distribution by health district is shown in Table 1.

Table 1.

<table>
<thead>
<tr>
<th></th>
<th>NW</th>
<th>CA</th>
<th>WK</th>
<th>RO</th>
<th>NM</th>
<th>CB</th>
<th>SC</th>
<th>OT</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>2</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>8</td>
<td>2</td>
<td>4</td>
<td>17</td>
</tr>
<tr>
<td>A/New York/55/2004 (H3N2)-like</td>
<td>1</td>
<td>1</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>Total</td>
<td>3</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>8</td>
<td>2</td>
<td>4</td>
<td>21</td>
</tr>
</tbody>
</table>

In addition, 45 influenza viruses were reported this week from the laboratory-based (non-sentinel) surveillance. Forty-one were identified as influenza A (yet to be sub-typed), three as A/New York/55/2004 (H3N2)-like, and one as A/New Caledonia/20/1999 (H1N1)-like. The distribution by health district is shown in Table 2.

Table 2.

<table>
<thead>
<tr>
<th></th>
<th>NW</th>
<th>CA</th>
<th>SA</th>
<th>CB</th>
<th>OT</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>38</td>
<td>2</td>
<td>41</td>
</tr>
<tr>
<td>A/New Caledonia/20/1999 (H1N1)-like</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>A/New York/55/2004 (H3N2)-like</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>0</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>Total</td>
<td>2</td>
<td>1</td>
<td>2</td>
<td>38</td>
<td>2</td>
<td>45</td>
</tr>
</tbody>
</table>

Figure 2 shows the cumulative total of influenza isolates confirmed (sentinel and laboratory-based surveillance) to the end of week 32, 11 August 2006. A total of 586 influenza viruses were identified, 318 as A/New York/55/2004 (H3N2)-like, 259 as influenza A (yet to be sub-typed), four as A/New Caledonia/20/1999 (H1N1)-like, two as
B/Shanghai/361/2002-like, two as B/Malaysia/2506/2004-like, and one as influenza B (yet to be typed).

**Figure 2**

*Cumulative laboratory-confirmed isolates by health district to 11 August 2006*

Figure 3 shows the weekly national consultation rates for 2004 and 2005 seasons, and 2006 so far.

**Figure 3**

*Weekly consultation rates for influenza-like illness in New Zealand, 2004, 2005 and 2006*
Figure 4 illustrates consultation rates for influenza-like illness mapped by health district for week 32, 2006.

**Figure 4**

![Map showing consultation rates for influenza-like illness mapped by health district for week 32, 2006.](image)

**Consultations for Influenza-like Illness (per 100,000 practice patients)**

- No Data
- No Activity (0)
- Baseline (<50)
- Normal (50 - 249)
- High Activity (250 - 399)
- Epidemic (≥400)

**Code** | **Health District**
---|---
BE | Eastern Bay of Plenty
CA | Central Auckland
CB | Canterbury
GS | Gisborne
HB | Hawkes Bay
HU | Hutt
MW | Manawatu
NL | Northland
NM | Nelson Marlborough
NW | North West Auckland
OT | Otago
RO | Rotorua
RU | Ruapehu
SA | South Auckland
SC | South Canterbury
SG | Southland
TG | Tauranga
TK | Taranaki
TP | Taupo
WC | West Coast
WG | Wanganui
WK | Waikato
WN | Wellington
WR | Wairarapa

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