In the past week, a total of 63 consultations for influenza-like illness were reported from 71 general practices in 20 out of 24 health districts. This gives a weekly consultation rate of 22.5 per 100 000 patient population.

Figure one compares the consultation rates for influenza-like illness for each health district over the past week. Nelson Marlborough had the highest consultation rate (93.1 per 100 000), followed by West Coast (49.4 per 100 000).

Eighteen swabs were sent from the sentinel surveillance in the past week. Thirteen swabs were received by virology laboratories. Of these, seven influenza viruses were isolated, five as influenza A (yet to be sub-typed), and two as B/Shanghai/361/2002 - like. The distribution by health district is shown in Table 1.
In addition, 21 influenza viruses were reported this week from the laboratory-based (non-sentinel) surveillance. Thirteen were identified as influenza A (yet to be sub-typed), and eight as influenza B (yet to be antigenically typed). The distribution by health district is shown in Table 2.

Figure 2 shows the cumulative total of influenza isolates confirmed (sentinel and laboratory-based surveillance) to the end of week 38, 21 September 2007. A total of 668 influenza viruses were identified, 371 as influenza A (yet to be sub-typed), 138 as A/New Caledonia/20/99 (H1N1) – like, two as A/Solomon Islands/3/2006 (H1N1) – like, one as A(H1N1) not antigenically sub-typed, 36 as A/Wisconsin/67/2005 (H3N2) – like, two as A/California/7/2004 (H3N2) – like, two as A(H3N2) not antigenically sub-typed, 63 as influenza B (yet to be antigenically typed), 50 as B/Shanghai/361/2002 – like, and three as B/Malaysia/2506/2004 – like.
Figure 3 shows the weekly national consultation rates for 2005 and 2006 seasons, and 2007 so far. The current rate of influenza is higher than at the same time last year.

Figure 3: Weekly consultation rates for influenza-like illness in New Zealand, 2005, 2006 and 2007

Figure 4 illustrates consultation rates for influenza-like illness mapped by health district for week 38, 2007.
The threshold used to describe the influenza-like activity can be referred in New Zealand Public Health Report 2001, 8 (1): 9-12 “Influenza surveillance and immunisation in New Zealand, 1990-1999”

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