

# INFLUENZA WEEKLY UPDATE

2009/40:28 September-4 October 2009

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The national influenza surveillance system in New Zealand is an essential public health component for assessing and implementing strategies to control influenza. This report summarises the data collected from sentinel general practice (GP) surveillance and non-sentinel surveillance for week 40 (28 September - 4 October 2009). While the primary purpose of the sentinel surveillance system has been to contribute to the deliberations on the composition of the following year's seasonal influenza vaccine, it has provided timely information on the progress of the current pandemic.

## IN THIS REPORT:

- There has been a decrease in consultations for influenza-like illness through sentinel surveillance in week 40 (28 September - 4 October 2009). However, the weekly ILI consultation rate is still higher than previous years for the same week. The highest weekly ILI rates were reported from South Auckland, Eastern Bay of Plenty and Central Auckland health districts. So far, the highest ILI consultation rates have been reported among children and teenagers aged 0 to 19 years.
- Up to 4 October 2009, a total of 4867 influenza viruses have been reported through sentinel (621, 13%) and non-sentinel surveillance (4246, 87%). Two influenza viruses were reported in week 40: pandemic (H1N1)09 (1) and influenza A (not subtyped) (1). Pandemic (H1N1)09 has become the predominant strain among all influenza viruses. Seasonal A (H1N1) strain has been the predominant strain among all seasonal influenza viruses.
- Since January 2008, a global emergence and rapid spread of oseltamivir-resistant seasonal influenza A (H1N1) viruses has been observed. Since 2009 in New Zealand, a total of 53 seasonal A (H1N1) viruses have been tested by either phenotypic assay or a molecular assay and all 53 viruses have been resistant to oseltamivir.
- Most Pandemic influenza (H1N1)09 viruses reported globally are sensitive to oseltamivir. Twenty six viruses have now been described from around the world which are resistant to oseltamivir, all carrying the same mutation (H275Y) that confers resistance to the antiviral oseltamivir but not to the antiviral zanamivir. During this winter season in New Zealand, a total of 145 Pandemic influenza (H1N1)09 viruses were retested by phenotypic assay. All 145 viruses were sensitive to oseltamivir.
- Pandemic influenza (H1N1)09 is a notifiable disease in New Zealand. As of 4 October 2009, there have been 3233<sup>1</sup> confirmed and probable cases recorded in EpiSurv. Eighteen deaths have been reported and 1001 cases have been hospitalised.

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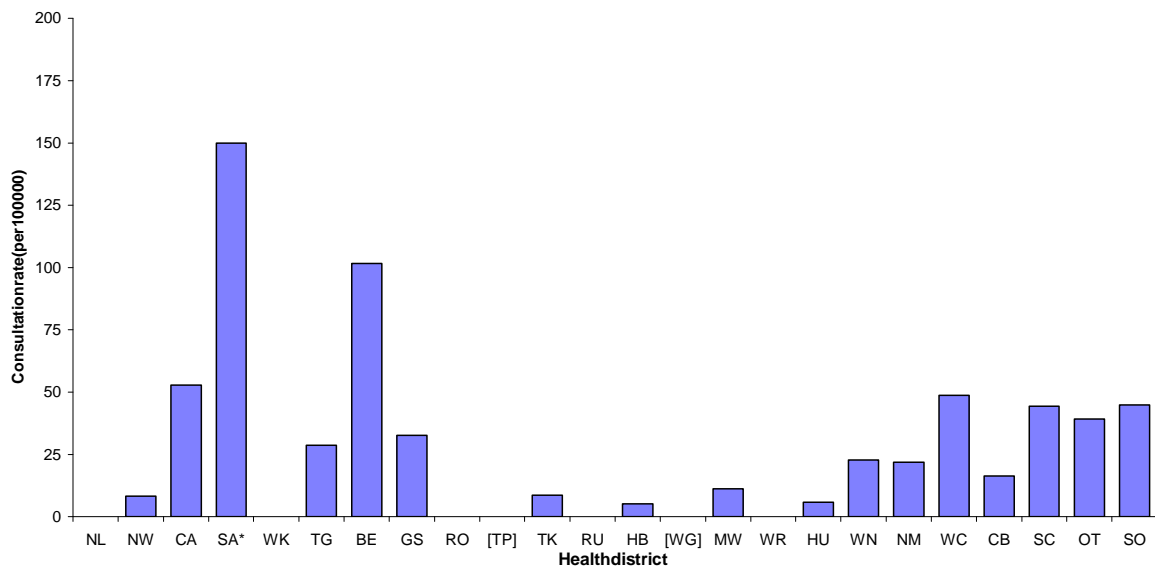
<sup>1</sup>This is a gross under-estimate as lab testing was discouraged on declaration of the "manage it" phase.

## SENTINEL GENERAL PRACTICES SURVEILLANCE

In the past week, a total of 189<sup>2</sup> consultations for influenza-like illness were reported from 85 general practices in 22 of the 24 health districts. This gives a weekly consultation rate of 43.8 per 100 000 patient population.

The graph below compares the consultation rates for influenza-like illness for each health district over the past week. South Auckland had the highest consultation rate (150.0 per 100 000, 115 cases), followed by Eastern Bay of Plenty (101.7 per 100 000, 2 cases) and Central Auckland (52.8 per 100 000, 13 cases).

**Figure 1: Weekly consultation rates for influenza-like illness by health district week ending 4 October 2009**



\*Six additional South Auckland practices added in week 33 (10-16 August).  
 [] Health districts did not participate for the week.

The weekly national consultation rates are shown in Figure 2 for 2007 and 2008 seasons, and 2009 so far. While the current ILI consultation rate is declining it is still higher than at the same time last year.

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<sup>2</sup>Includes ILI consultations through telephone assessment by sentinel GPs starting from week 29 (13-19 July).

**Figure 2: Weekly consultation rates for influenza-like illness in New Zealand, 2007, 2008 and 2009**

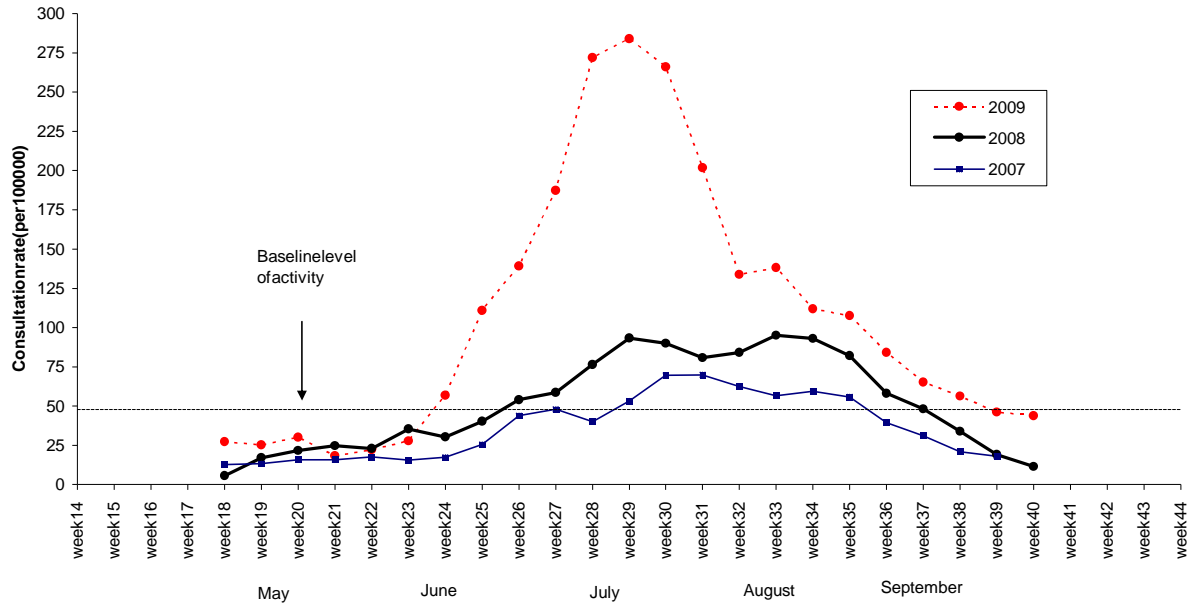
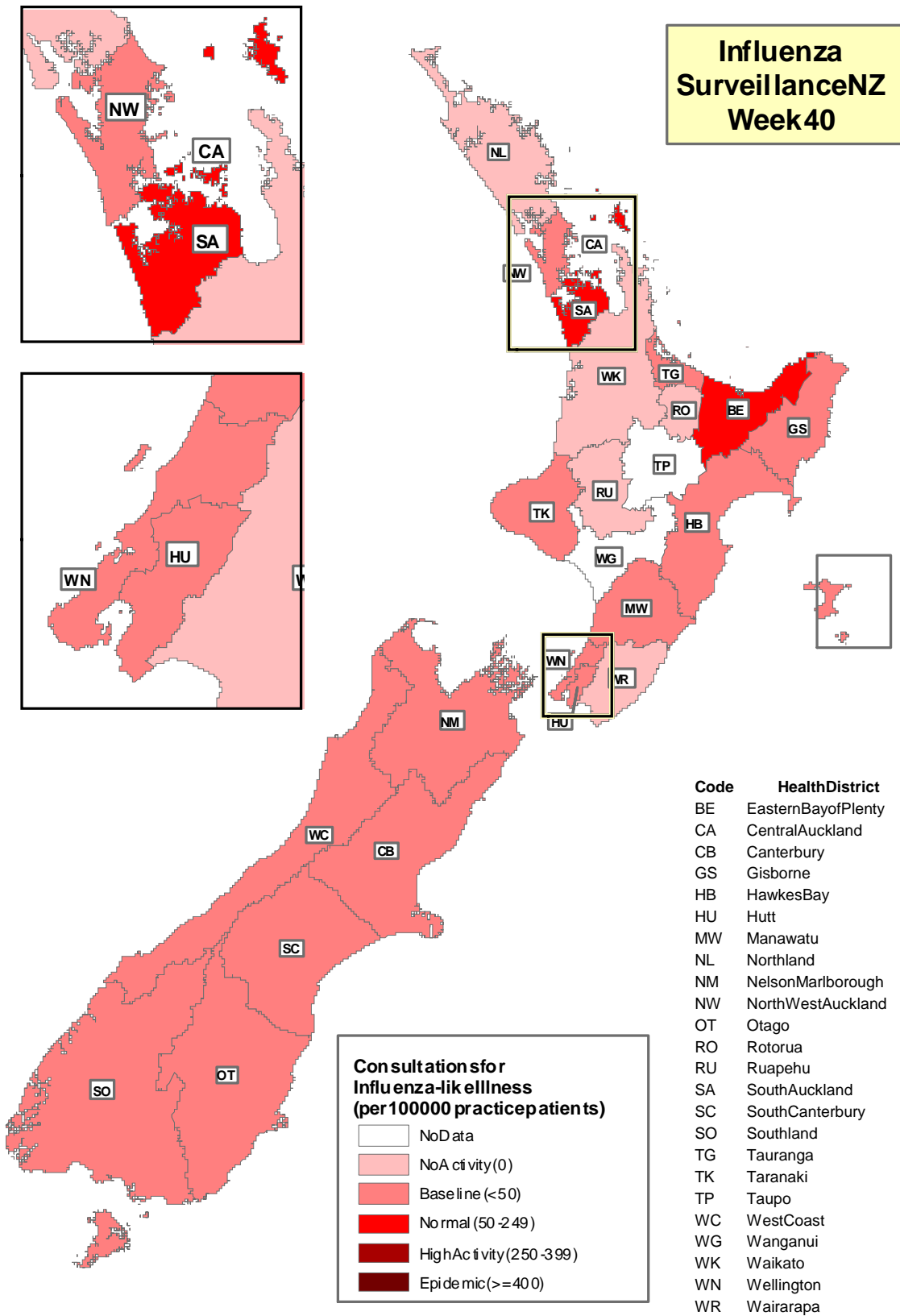


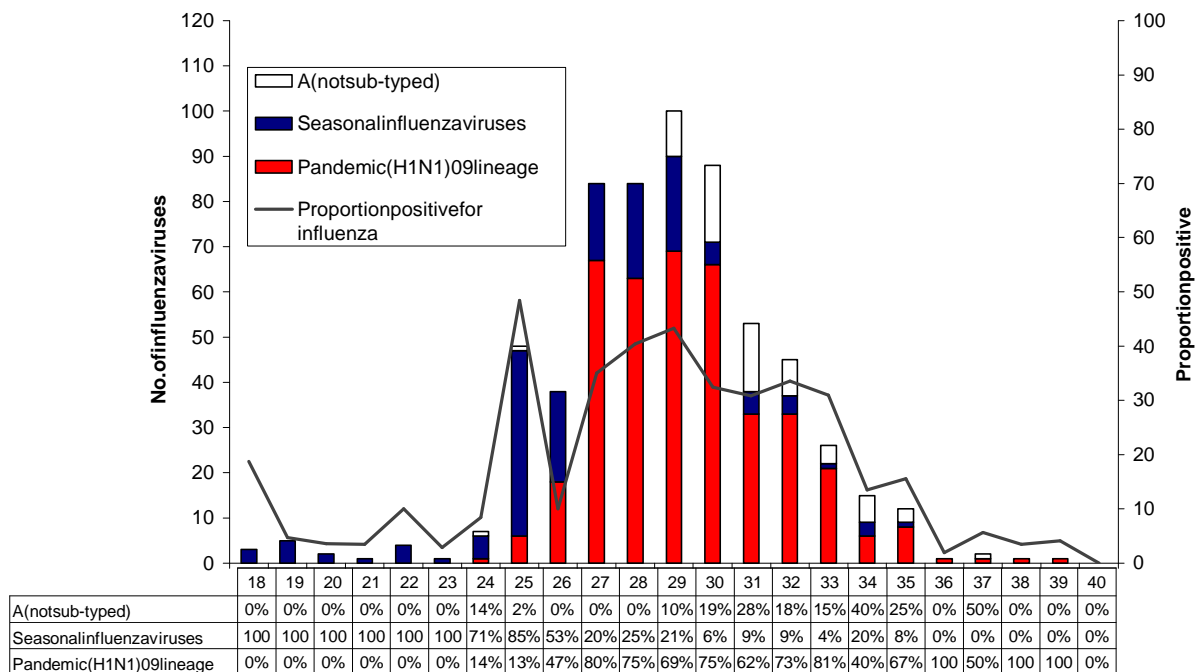
Figure 3 illustrates consultation rates for influenza-like illness mapped by health district for week 40, 2009.





The temporal distribution of influenza viruses is shown in the graph below for sentinel surveillance from week 18 (27 April-3 May) to week 40 (28 September-4 October 2009). Pandemic influenza (H1N1)09 is greater than the number of seasonal influenza viruses.

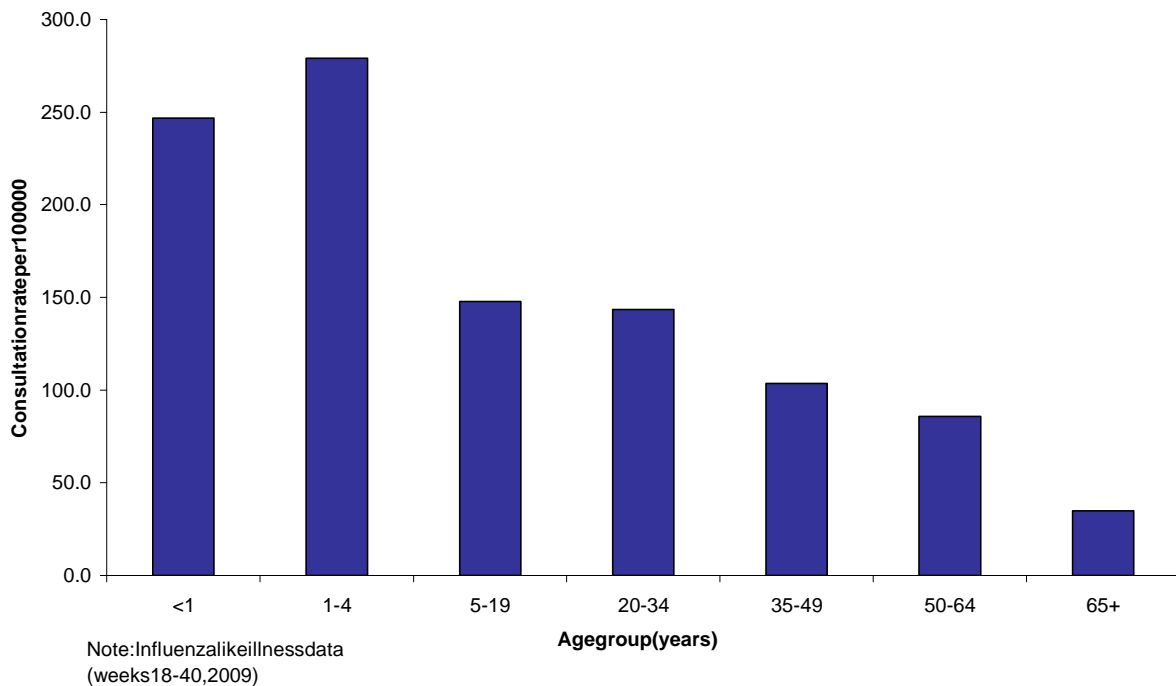
**Figure 5: Total influenza viruses from sentinel surveillance by type and week reported to 4 October 2009 and the total percentage positive from the swabs received**



Note: All results of sentinel swabs are received by those swabs that test positive for any type of influenza. A low proportion may be due to the swabs not successfully retrieving the virus, or the other viruses. ESR. The line shows the proportion of influenza. A low proportion may be due to the tIL presentation to sentinel GPs are due to

The age distribution for influenza-like illness (ILI) consultation rates for weeks 18-40 is shown in Figure 6. The highest ILI consultation rate was in 1-4 years (279.1 per 100 000) followed by those <1 year (246.8 per 100 000) and 5-19 years (147.9 per 100 000).

**Figure 6: Sentinel consultation rate for influenza-like illness by age group for weeks 18-40, 2009**

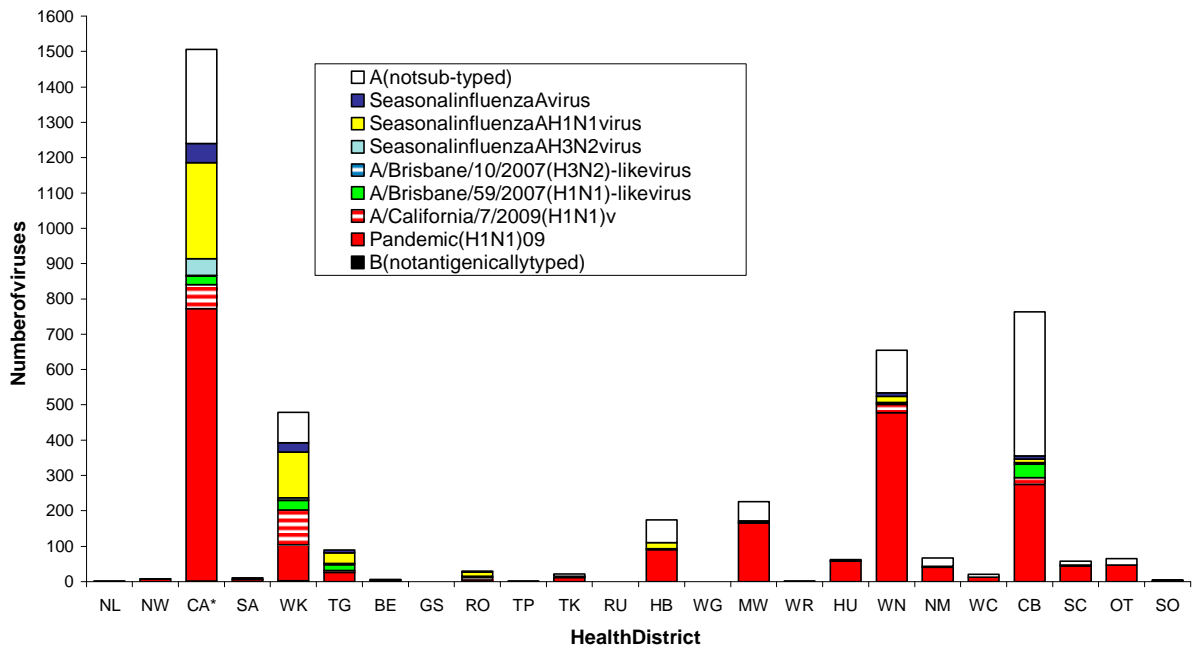


## NON-SENTINEL SURVEILLANCE

In addition, two influenza viruses were reported this week from the laboratory-based (non-sentinel) surveillance: one as Pandemic influenza (H1N1)09 and one as influenza A (not subtyped) both from Waikato.

The cumulative influenza viruses are shown in Figure 7 for non-sentinel surveillance by health district from week 1 (1-4 Jan) to week 40 (28 September-4 October 2009). A total of 4246 influenza viruses were identified. The predominant strain was pandemic (H1N1)2009 (2367) including 223 of pandemic influenza A/California/7/2009 (H1N1)v-like strains, followed by seasonal influenza A (H1N1) (617) including 118 of A/Brisbane/59/2007 (H1N1)-like strains, influenza A not subtyped (1080), seasonal influenza A (111), seasonal influenza A (H3N2) (68) including two A/Brisbane/10/2007 (H3N2)-like, and influenza B not typed (3). Pandemic influenza (H1N1)09 has become the predominant strain among all influenza viruses from non-sentinel surveillance.

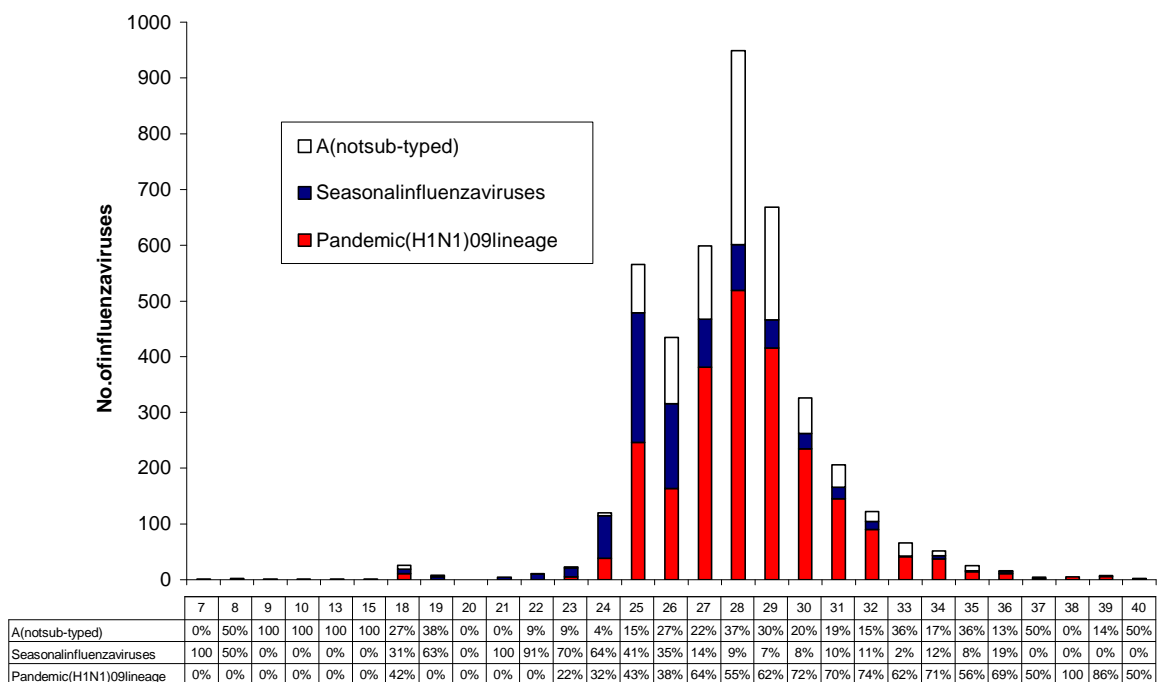
**Figure7: Cumulativeinfluenzavirusesfromnon-sentinel surveillancebyhealthdistrict to4October2009**



Note: Viruses from Auckland without health district codes have been temporarily assigned to Central Auckland(CA).

The temporal distribution is shown in Figure 8 for each week from non-sentinel surveillance from week 7 (9-15 February) to week 40 (28 September-4 October 2009). The number of Pandemic influenza (H1N1) 09 is greater than the number of seasonal influenza viruses.

**Figure8: Totalinfluenzavirusesfromnon-sentinel surveillance by type and week reported to 4 October 2009**





## ANTIVIRAL SUSCEPTIBILITY MONITORING

Since January 2008, a global emergence and rapid spread of influenza A(H1N1) viruses has been observed. During this winter season in New Zealand, a total of 28 seasonal A(H1N1) viruses have been identified for the H275Y mutation (histidine-to-tyrosine mutation at the codon of 275 in N1 number) which is known to confer resistance to oseltamivir. All 28 viruses had the H275Y mutation. In addition, a total of 25 seasonal A(H1N1) viruses were tested using a phenotypic assay called fluorometric neuraminidase inhibition assay. The results of the fluorometric neuraminidase inhibition assay indicated that these viruses had highly reduced sensitivity to oseltamivir with IC50 values in the range of 305-7912 nM, typical of the recently global emergence of oseltamivir-resistant A(H1N1) viruses. (Table 3).

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Twelve Pandemic influenza (H1N1)09 viruses were sequenced to see whether they possess the H275Y mutation. All 12 viruses, including one from a 21 year-old male fatality, did not possess the H275Y mutation. This indicates that these Pandemic influenza A(H1N1) viruses are sensitive to oseltamivir. In addition, a total of 145 Pandemic influenza (H1N1)09 viruses were tested using the phenotypic assay and all 145 viruses were sensitive to oseltamivir with IC50 values in the range of 0.2 to 0.9 nM (Table 3).

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| <b>Influenza type/subtype</b> | <b>Seasonal A(H1N1)</b> |             |             |             | <b>Pandemic influenza (H1N1)09</b> |
|-------------------------------|-------------------------|-------------|-------------|-------------|------------------------------------|
|                               | <b>2006</b>             | <b>2007</b> | <b>2008</b> | <b>2009</b> | <b>2009</b>                        |
| <b>Year</b>                   |                         |             |             |             |                                    |
| <b>Number of viruses</b>      | 17                      | 138         | 4           | 25          | 145                                |
| <b>Mean IC50 *</b>            | 1.84                    | 0.83        | 728         | 1399        | 0.397                              |
| <b>Std. dev.</b>              | 0.71                    | 0.63        | 136         | 2690        | 0.201                              |
| <b>Min IC50</b>               | 0.25                    | 0.01        | 547         | 305         | 0.141                              |
| <b>Max IC50</b>               | 3.099                   | 4.226       | 870         | 7912        | 0.964                              |

\*IC50: Concentration of oseltamivir (nM) at which there is 50% inhibition of neuraminidase activity.

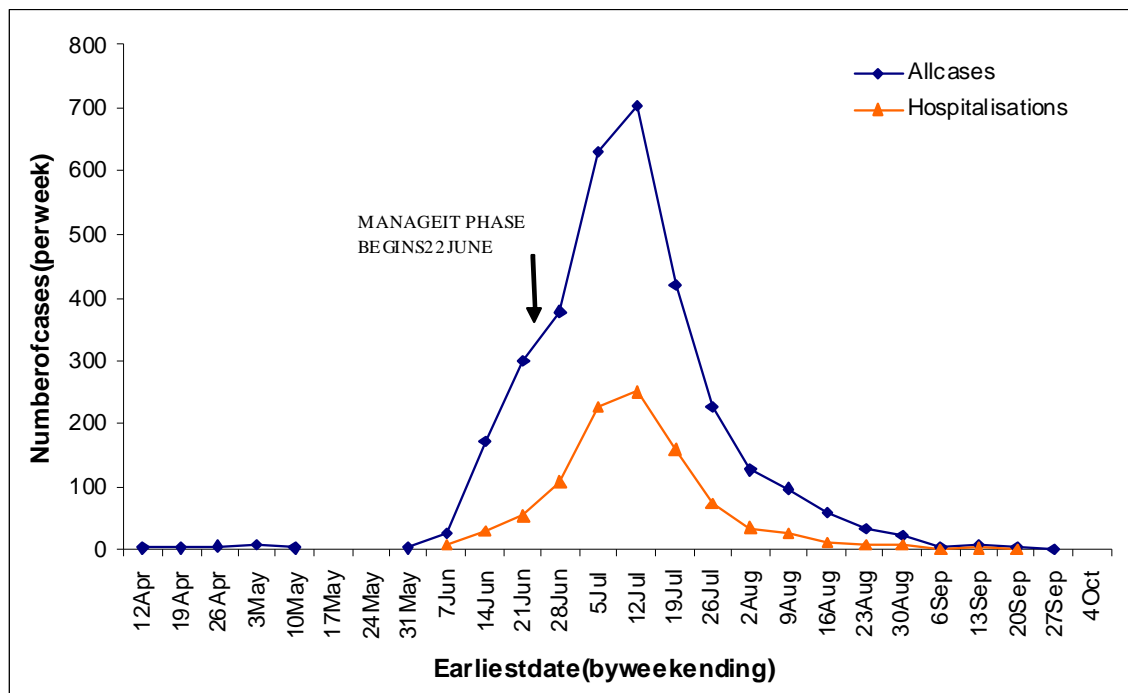
## PANDEMIC INFLUENZA (H1N1) 09 VIRUS UPDATE IN NEW ZEALAND

Pandemic influenza (H1N1) 09 is a notifiable disease in New Zealand.

- A total of 3233 cases of pandemic influenza (H1N1) 09, including 1001 hospitalisations have been reported since 1 April 2009.
- The total number of notifications and hospitalisations reported each week has decreased since the week ending 12 July 2009.
- Four cases including three hospitalisations were reported in the past two weeks, 21 September to 4 October 2009.
- Highest overall rates were seen in West Coast, 194.6 per 100 000 population (n=63) up to the 4 October 2009. The highest cumulative rates of hospitalisations were reported from the Hutt Valley 52.9 per 100 000 (n=75), and the Capital and Coast DHB, 40.1 per 100 000 (n=114).
- Pandemic influenza (H1N1) 09 was recorded in EpiSurv as being the primary cause of death in 18 cases. For current information on death visit the Ministry of Health website <http://www.moh.govt.nz/moh.nsf/indexmh/influenza-a-h1n1-news-media>

**Figure 9: Pandemic influenza (H1N1) 09 epidemic curve using earliest date entered in EpiSurv up to 4 October 2009**

This epidemic curve was constructed using the earliest date recorded in EpiSurv (onset, hospitalised or report date) and is displayed as cases per week since 06 April 2009. For the purposes of this epidemic curve confirmed and probable cases were combined. The total number of probable cases has been low and remained the same since the “management” phase commenced on 22 June 2009.



Where hospitalisation date was not available, onset or report date has been used. Excludes n=4 cases where hospitalisation date was prior to 01 June 2009. **Confirmed cases n=3164, probable cases n=69**

Data was extracted from EpiSurv at midnight 4 October 2009.

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