The national influenza surveillance system in New Zealand is an essential public health component for assessing and implementing strategies to control influenza. This report summarises the data collected from sentinel general practice (GP) surveillance and non-sentinel surveillance for week 10 (8-14 March 2010).

SUMMARY OF THIS REPORT:

- Influenza-like illness (ILI) through sentinel surveillance was reported from 18 out of 21 District Health Boards (DHB) with a national consultation rate of 22.9 per 100 000 (93 ILI consultations). Fifteen swabs were received from sentinel and non-sentinel surveillance. No influenza viruses were identified.

- Pandemic influenza A (H1N1) 09 is a notifiable disease in New Zealand. As of 14 March 2010, there have been 3301\(^1\) cases recorded in EpiSurv with 20 deaths.

(Note: For further information please refer to the Ministry of Health’s website: http://www.moh.govt.nz/influenza-a-h1n1)

In the past week, a total of 93 consultations for influenza-like illness were reported from 82 general practices in 18 out of 21 DHBs. This gives a weekly consultation rate of 22.9 per 100 000 patient population.

The graph below compares the consultation rates for influenza-like illness for each DHB over the past week. Counties Manukau DHB had the highest consultation rate (70.8 per 100 000, 53 cases), followed by Bay of Plenty (55.0 per 100 000, 3 cases) and Capital and Coast (32.5 per 100 000, 7 cases).

\(^1\) Data source: EpiSurv as of 18 March 2010.
Fifteen swabs were received by the virology laboratories from sentinel (4 swabs) surveillance and non-sentinel surveillance (11). No influenza viruses were identified.

Figure 2 shows the weekly national consultation rates for 2008, 2009 seasons, and 2010 so far. The current rate of influenza-like illness is below the baseline.

* A weekly rate <50 ILI consultations per 100,000 patient population is considered baseline activity. A rate of 50–249 is considered indicative of normal seasonal influenza activity, and a rate of 250–399 indicative of higher than expected influenza activity. A rate ≥400 ILI consultations per 100,000 patient population indicates an epidemic level of influenza activity.
Figure 3 illustrates consultation rates for influenza-like illness mapped by DHB for week 10, 2010.