The national influenza surveillance system in New Zealand is an essential public health component for assessing and implementing strategies to control influenza. This report summarises the data collected from sentinel general practice (GP) surveillance and non-sentinel surveillance for week 11 (15-21 March 2010).

SUMMARY OF THIS REPORT:

- Influenza-like illness (ILI) through sentinel surveillance was reported from 18 out of 21 District Health Boards (DHB) with a national consultation rate of 23.0 per 100 000 (87 ILI consultations). Twenty-nine swabs were received from sentinel and non-sentinel surveillance. No influenza viruses were identified.

- Pandemic influenza A (H1N1) 09 is a notifiable disease in New Zealand. As of 21 March 2010, there have been 3301 cases recorded in EpiSurv with 20 deaths.

  (Note: For further information please refer to the Ministry of Health’s website: http://www.moh.govt.nz/influenza-a-h1n1)

In the past week, a total of 87 consultations for influenza-like illness were reported from 82 general practices in 18 out of 21 DHBs. This gives a weekly consultation rate of 23.0 per 100 000 patient population.

The graph below compares the consultation rates for influenza-like illness for each DHB over the past week. Counties Manukau DHB had the highest consultation rate (70.8 per 100 000, 53 cases), followed by Capital and Coast (61.5 per 100 000, 8 cases) and South Canterbury (20.6 per 100 000, 2 cases).

1 Data source: EpiSurv as of 24 March 2010.
Figure 1: Weekly consultation rates for influenza-like illness by DHB
week ending 21 March 2010

Twenty-nine swabs were received by the virology laboratories from sentinel surveillance
(14 swabs) and non-sentinel surveillance (15). No influenza viruses were identified.

Figure 2 shows the weekly national consultation rates for 2008, 2009 seasons, and 2010 so
far. The current rate of influenza-like illness is below the baseline.

Figure 2: Weekly consultation rates for influenza-like illness in New Zealand, 2008,
2009 and 2010

* A weekly rate <50 ILI consultations per 100,000 patient population is considered baseline activity. A rate of 50–249 is considered
indicative of normal seasonal influenza activity, and a rate of 250–399 indicative of higher than expected influenza activity. A rate >400 ILI
consultations per 100,000 patient population indicates an epidemic level of influenza activity.
Figure 3 illustrates consultation rates for influenza-like illness mapped by DHB for week 11, 2010.

Consultations for Influenza-like Illness (per 100000 practice patients)
- No data
- No Activity (0)
- Baseline (<50)
- Normal (50 - 249)
- High Activity (250 - 399)
- Epidemic (>400)

Code District Health Board
AK Auckland
BP Bay of Plenty
CB Canterbury
CC Capital and Coast
CM Counties Manukau
HB Hawke's Bay
HU Hutt Valley
LS Lakes
MC MidCentral
NL Northland
NM Nelson Marlborough
OT Otago
SC South Canterbury
SO Southland
TK Taranaki
TW Tairawhiti
WC West Coast
WG Whanganui
WK Waikato
WM Waitemata
WR Wairarapa

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