The national influenza surveillance system in New Zealand is an essential public health component for assessing and implementing strategies to control influenza. This report summarises the data collected from sentinel general practice (GP) surveillance and non-sentinel surveillance for week 21 (24-30 May 2010).

SUMMARY OF THIS REPORT:

- Influenza-like illness (ILI) through sentinel surveillance was reported from 19 out of 21 District Health Boards (DHB) with a national consultation rate of 16.5 per 100 000 (57 ILI consultations). Twenty-five swabs were received from sentinel and non-sentinel surveillance. Two influenza A viruses were identified from non-sentinel surveillance including one as pandemic influenza A (H1N1) 09.

- Pandemic influenza A (H1N1) 09 is a notifiable disease in New Zealand. As of 30 May 2010, there have been 3307\(^1\) cases recorded in EpiSurv with 35\(^2\) deaths. (Note: For further information please refer to the Ministry of Health’s website: http://www.moh.govt.nz/influenza-a-h1n1)

In the past week, a total of 57 consultations for influenza-like illness were reported from 82 general practices in 19 out of 21 DHBs. This gives a weekly consultation rate of 16.5 per 100 000 patient population.

The graph below compares the consultation rates for influenza-like illness for each DHB over the past week. Waikato DHB had the highest consultation rate (70.2 per 100 000, 13 cases), followed by Southland (56.3 per 100 000, 5 cases) and Hutt Valley (23.2 per 100 000, 8 cases) DHBs.

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1 Data source: EpiSurv as of 3 June 2010.
2 Data source: Ministry of Health.
A total of 25 swabs were received by the virology laboratories from sentinel surveillance (7) and the non-sentinel surveillance (18). Of the swabs received from non-sentinel surveillance, two influenza viruses were identified: one influenza A (not subtyped) from Bay of Plenty DHB and one Pandemic (H1N1) 09 from Waitemata DHB.

Figure 2 shows the weekly national consultation rates for 2008, 2009 seasons, and 2010 so far. The current rate of influenza-like illness is below the baseline.
Figure 2: Weekly consultation rates for influenza-like illness in New Zealand, 2008, 2009 and 2010

* A weekly rate <50 ILI consultations per 100 000 patient population is considered baseline activity. A rate of 50–249 is considered indicative of normal seasonal influenza activity, and a rate of 250–399 indicative of higher than expected influenza activity. A rate >400 ILI consultations per 100 000 patient population indicates an epidemic level of influenza activity.

** Year-to-date 2010 ILI data submitted by most sentinel practices in Counties Manukau DHB have been excluded due to sensitivity and specificity issues that cannot be resolved.
Figure 3 illustrates consultation rates for influenza-like illness mapped by DHB for week 21, 2010.