

Community and Hospital Surveillance

ILI, SARI, Influenza and Respiratory Pathogens

2016 Influenza Season, Week 29, ending 24 July 2016

SUMMARY

During week 29 (18–24 July 2016), influenza activity was very low among consultation-seeking patients nationwide. Influenza activity was also very low among those hospitalised patients in Auckland and Counties Manukau District Health Boards.

- **Influenza-like illness (ILI) and severe acute respiratory illness (SARI) surveillance**

ILI surveillance: Ninety-six patients with influenza-like illness consulted sentinel general practices in 20 DHBs. The weekly ILI incidence was 18.2 per 100 000 patient population (Figure 1), below the seasonal threshold of ILI consultations. The ILI related influenza incidence (adjusted) was 6.7 per 100 000 patient population.

SARI surveillance: There were 2661 acute admissions to ADHB and CMDHB hospitals this week. Of the 187 patients with suspected respiratory infections, 85 (45.5%) patients met the SARI case definition. Five SARI cases were admitted to ICU and no SARI related deaths were reported. The weekly SARI incidence was 6.5 per 100 000 population. The SARI related influenza incidence was 0.2 per 100 000 population.

- **Respiratory pathogen surveillance**

Influenza virus: During this week, 38 ILI specimens were tested, 14 were positive for influenza viruses. In addition, 46 SARI specimens were tested, three were positive for influenza viruses. For details, see Table 3 and Figures 5 and 6.

Non-influenza respiratory viruses: For cumulative totals, see Table 4 and Figures 7 and 8.

The surveillance for community-based influenza-like illness (ILI) and hospital-based severe acute respiratory illness (SARI) provides evidence to inform public health and clinical practice to reduce the impact of influenza virus infection and other important respiratory pathogens. This weekly report summarises data obtained from the ILI and SARI surveillance platforms. The report includes incidence, demographic characteristics, clinical outcomes and aetiologies for community ILI cases as well as hospital SARI cases including ICU admissions and deaths for the past week as well as the cumulative period since 2 May 2016.

Note: Data in this report are provisional and may change as more cases are assessed and information is updated. Data were extracted on 27 July 2016.

INFLUENZA-LIKE ILLNESS and SEVERE ACUTE RESPIRATORY ILLNESS

Influenza-like illness (ILI)

During week 29, ending 24 July 2016, 96 patients with influenza-like illness consulted sentinel general practices in 20 DHBs. The weekly ILI incidence was 18.2 per 100 000 patient population. Of the 38 tested ILI cases, 14 were positive for influenza viruses. This gives an ILI related influenza incidence (adjusted) of 6.7 per 100 000 patient population.

Figure 1. Weekly resident ILI and influenza incidence since 2 May 2016

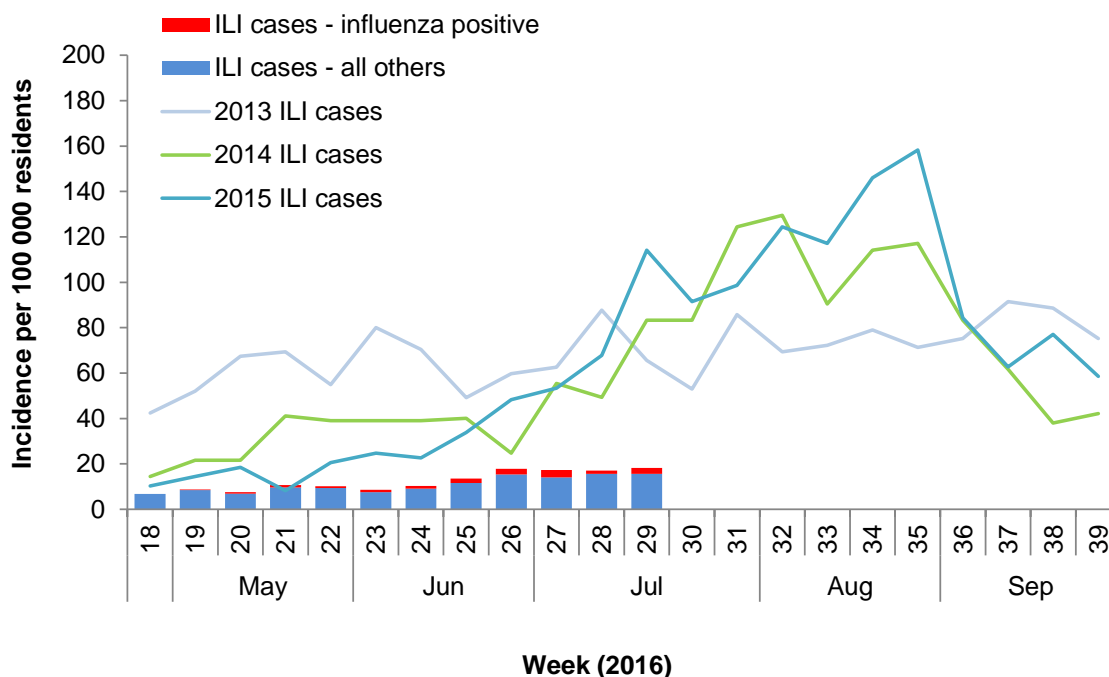


Figure 2. Comparison of 2016 rate with average seasonal rate, and historical thresholds

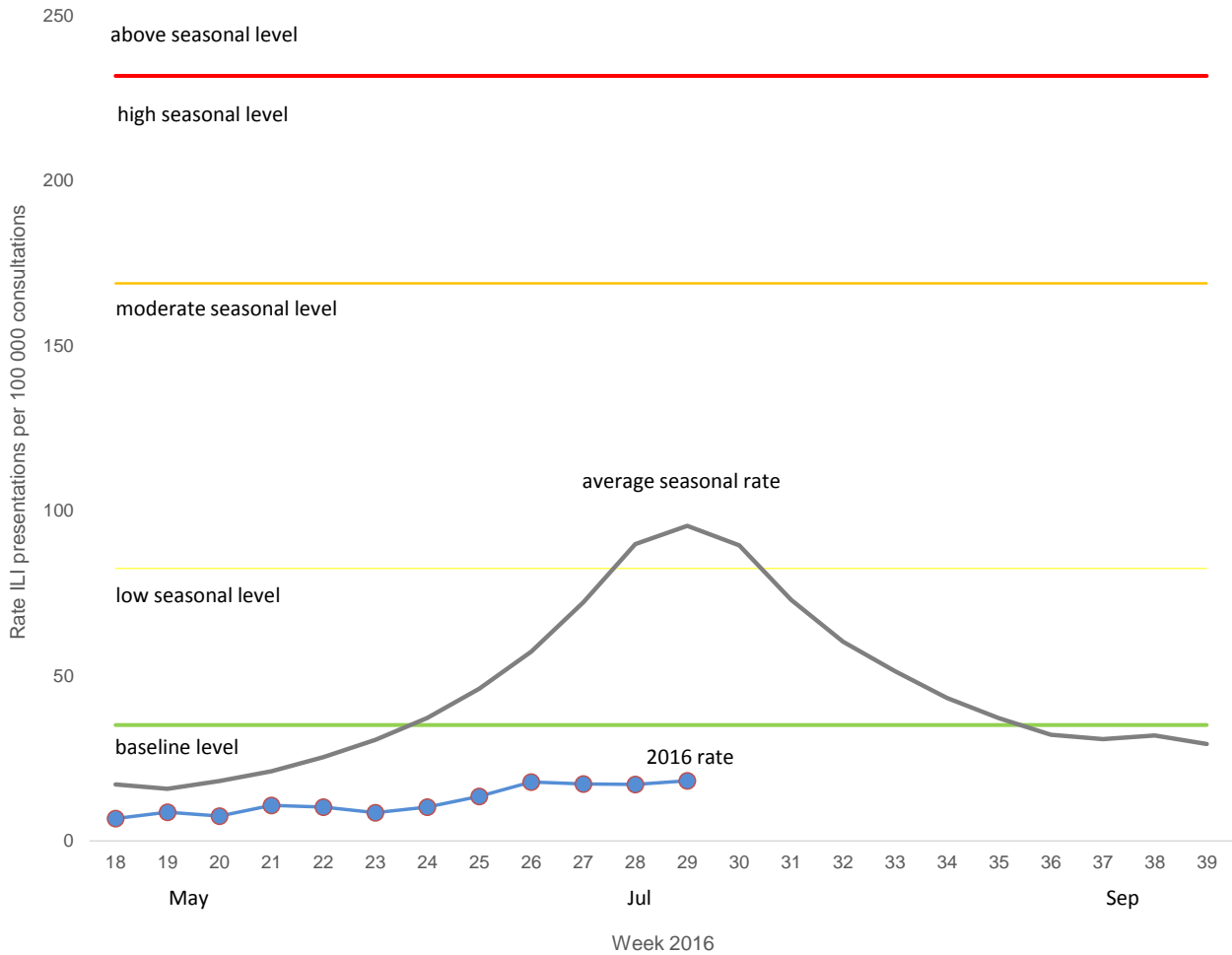
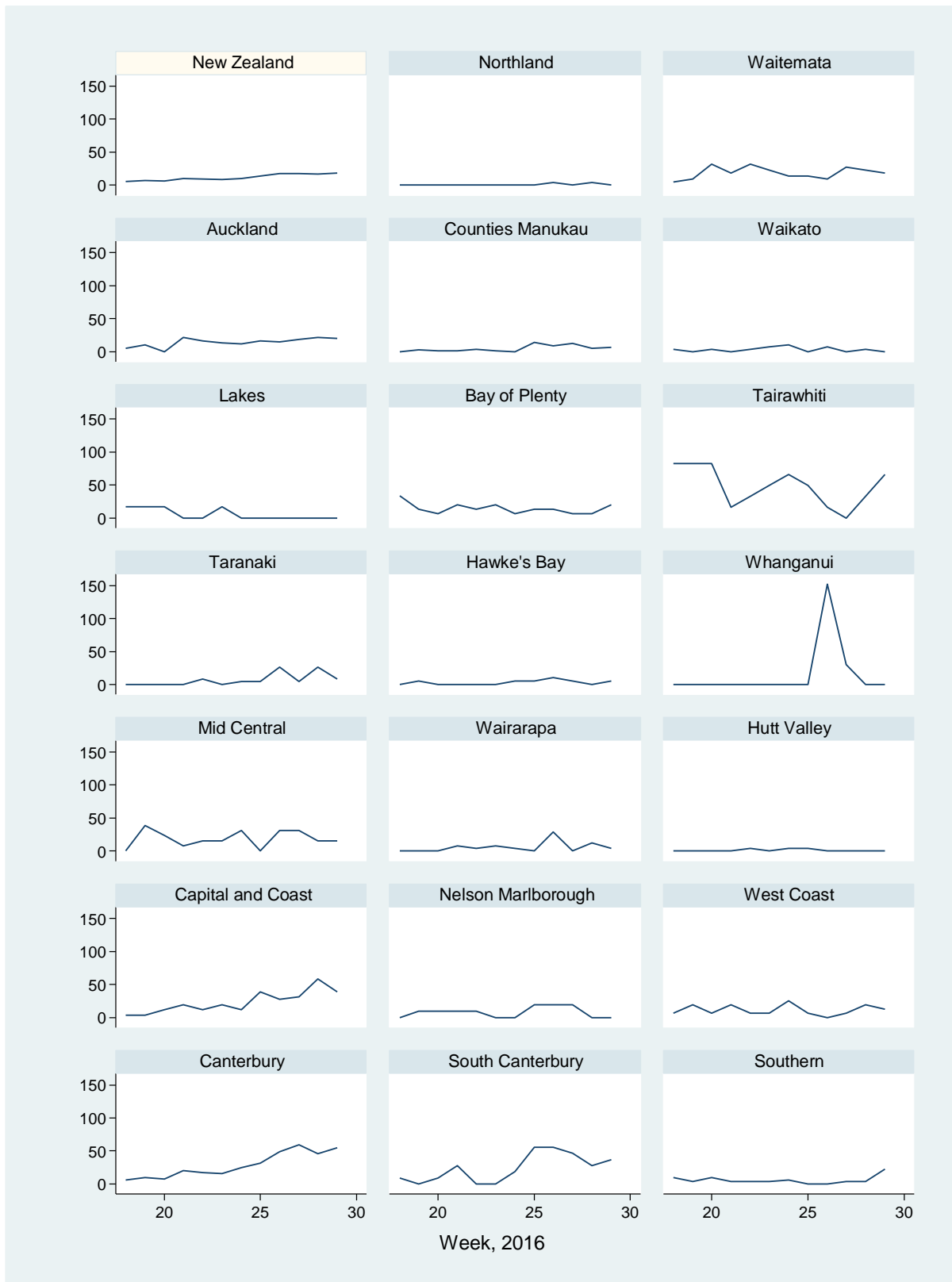


Figure 3 compares the consultation rates for influenza-like illness for each DHB over the past week. Tairāwhiti (66.4 per 100 000, 4 cases), Canterbury (55.1 per 100 000, 35 cases) and Capital and Coast (38.9 per 100 000, 10 cases) DHBs had the highest consultation rates.

Figure 3. Rate of ILI consultations per 100 000 registered by DHB per week since 2 May 2016



Since 2 May 2016, a total of 742 ILI cases were identified. This gives a cumulative ILI incidence of 140.9 per 100 000 patient population (Table 1). Among the 452 tested ILI cases, 86 (19.0%) were positive for influenza viruses. This gives an ILI related influenza incidence of 26.8 per 100 000 patient population.

Table 1. Demographic characteristics of ILI and influenza cases, since 2 May 2016

Characteristics	ILI & influenza cases among sentinel practices				
	ILI cases	Influenza cases	Prop Influenza positive ¹ (%)	ILI incidence (per 100 000)	Influenza incidence ² (per 100 000)
Overall	742	86	19.0 (100.0)	140.9	26.8
Age group (years)					
<1	6	1	25.0 (1.2)	267.1	66.8
1–4	44	1	3.7 (1.2)	144.1	5.3
5–19	148	22	22.2 (25.6)	138.8	30.8
20–34	237	25	19.1 (29.1)	211.2	40.3
35–49	152	20	21.7 (23.3)	146.6	31.9
50–64	108	14	20.3 (16.3)	111.7	22.7
65–79	38	2	8.0 (2.3)	68.1	5.4
>80	9	1	20.0 (1.2)	47.5	9.5
Unknown	0	0	0.0		
Ethnicity					
Māori	100	10	14.1 (11.6)	148.2	20.9
Pacific peoples	50	13	31.7 (15.1)	140.3	44.5
Asian	63	4	0.0	168.8	15.3
European and Other	529	59	19.9 (68.6)	137.3	27.4
Unknown	0	0	0.0	0.0	
Sex					
Female	417	47	18.7 (54.7)	152.6	28.6
Male	324	39	19.4 (45.3)	127.8	24.8
Unknown	1	0	0.0		

¹Proportion of cases tested which were positive for influenza viruses

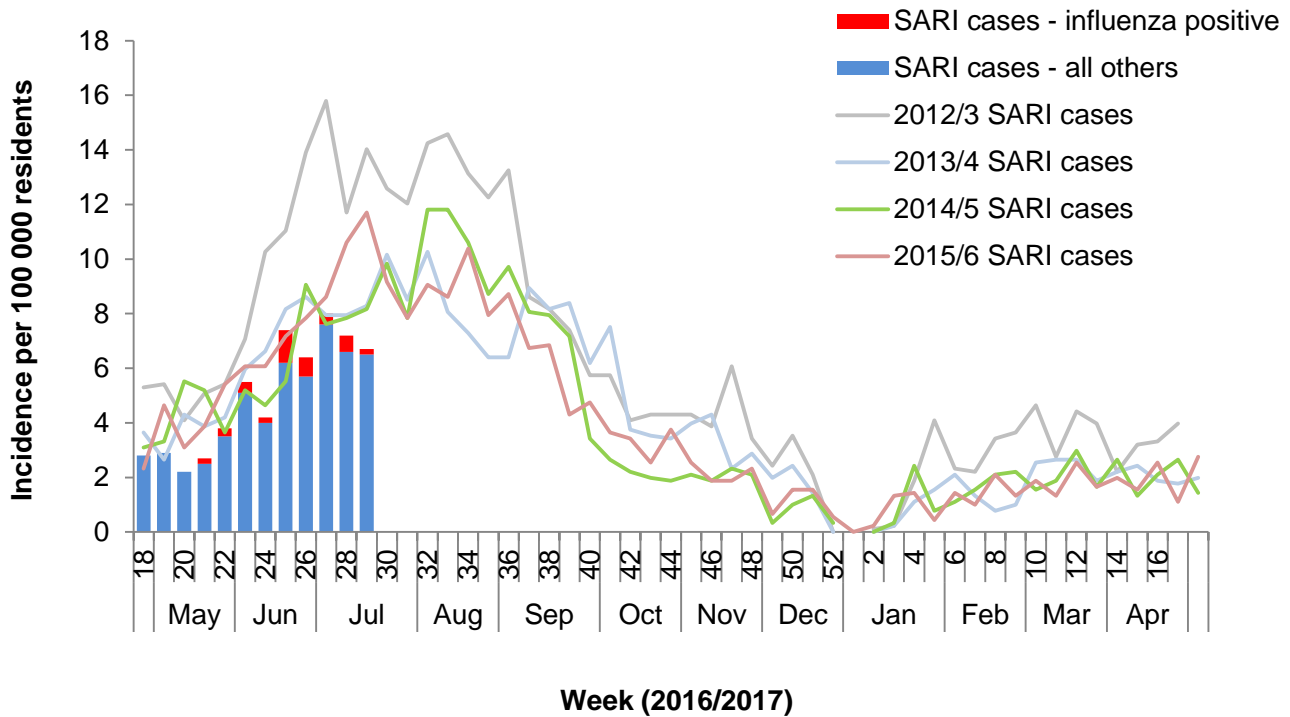
²Adjusted to positivity of tested cases

Severe acute respiratory illness (SARI)

There were 2661 acute admissions to ADHB and CMDHB hospitals during week 29, ending 24 July 2016. A total of 187 patients with suspected respiratory infections were assessed in these hospitals. Of these, 85 (45.5%) patients met the SARI case definition. Five cases were admitted to ICU and no SARI related deaths were reported this week.

Of the 85 SARI cases this week, 59 were residents of ADHB and CMDHB. This gives a weekly SARI incidence of 6.5 per 100 000 population (Figure 4). Thirty-nine SARI residents had specimens tested for influenza viruses, two were positive for influenza viruses. This gives a SARI related influenza incidence of 0.2 per 100 000 patient population.

Figure 4. Weekly resident SARI and influenza incidence since 2 May 2016 and previous seasons SARI incidence



Since 2 May 2016, a total of 697 SARI cases were identified. This gives a SARI proportion of 21.4 per 1000 acute hospitalisations (Table 2). Forty-five SARI cases have been admitted to ICU and three SARI related deaths were reported during this period.

Of the 697 SARI cases, 504 were ADHB and CMDHB residents, giving a SARI incidence of 55.7 per 100 000 population (Table 2). Among the 380 tested SARI cases who were ADHB and CMDHB residents, 39 (10.3%) had positive influenza virus results. This gives a SARI related influenza incidence of 4.3 per 100 000 population.

Table 2. Demographic characteristics of SARI cases and related influenza cases, since 2 May 2016

Characteristics	Admissions	Assessed	SARI & influenza cases among all hospital patients			SARI & influenza cases among ADHB & CMDHB residents			
			SARI Cases (%)	Cases per 1000 hospitalisations	Influenza positive ¹ (%)	SARI cases	SARI incidence (per 100 000)	Influenza Cases	Influenza incidence (per 100 000)
Overall	32587	1837	697 (37.9)	21.4	42 (9.7)	504	55.7	39	4.3
Age group (years)									
<1	1261		162	128.5	5 (4.1)	147	1088.4	4	29.6
1–4	2370		144	60.8	10 (10.8)	119	225.0	10	18.9
5–19	3703		37	10.0	2 (7.1)	31	16.1	2	1.0
20–34	6513		23	3.5	2 (8.7)	23	11.0	2	1.0
35–49	4757		35	7.4	4 (14.3)	34	17.8	4	2.1
50–64	5597		67	12.0	9 (15.8)	60	39.9	7	4.7
65–79	5102		64	12.5	6 (11.8)	59	80.7	6	8.2
>80	3284		31	9.4	4 (16.0)	30	128.0	4	17.1
Unknown	0		133			0		0	
Ethnicity									
Māori	4409		117	26.5	10 (12.3)	102	102.5	7	7.0
Pacific peoples	6850		221	32.3	11 (6.5)	202	146.4	11	8.0
Asian	5294		53	10.0	4 (10.3)	48	22.8	4	1.9
European and Other	15840		173	10.9	17 (12.2)	152	37.9	17	4.2
Unknown	183		133	726.8		0		0	
Hospitals									
ADHB	19041	967	354 (36.6)	18.6	30 (13.1)	205	47.0	27	6.2
CMDHB	13546	870	343 (39.4)	25.3	12 (5.9)	299	63.7	12	2.6
Sex									
Female	17087		258	15.1	14 (7.1)	233	50.1	13	2.8
Male	15497		304	19.6	28 (12.3)	269	61.1	26	5.9
Unknown	3		135			2		0	

¹Proportion of cases tested which were positive for influenza viruses

RESPIRATORY PATHOGEN SURVEILLANCE

Influenza virus

During week 29, 38 ILI specimens were tested; 14 were positive for influenza viruses. In addition, 46 SARI specimens were tested; three were positive for influenza viruses.

Since 2 May 2016, 452 ILI specimens were tested, 86 (19.0%) were positive for influenza with the following viruses. In addition, 466 SARI specimens were tested, 44 (9.4%) were positive for influenza viruses (see Table 3).

Table 3. Influenza viruses among ILI and SARI cases since 2 May 2016

<i>Influenza viruses</i>	ILI	SARI		
	Cases (%)	Cases (%)	ICU (%)	Deaths (%)
No. of specimens tested	452	466	40	2
No. of positive specimens (%) ¹	86 (19.0)	44 (9.4)	4 (10.0)	1 (50.0)
Influenza A	78	42	4	0
A (not subtyped)	19	24	4	0
A(H1N1)pdm09	26	15	0	0
A(H1N1)pdm09 by PCR	26	13	0	0
A/California/7/2009 (H1N1)pdm09 - like	0	2	0	0
A(H3N2)	33	3	0	0
A(H3N2) by PCR	33	3	0	0
A/Hong Kong/4801/2014 (H3N2) - like	0	0	0	0
Influenza B	8	2	0	1
B (lineage not determined)	2	1	0	0
B/Yamagata lineage	3	1	0	1
B/Yamagata lineage by PCR	3	1	0	1
B/Phuket/3073/2013 - like	0	0	0	0
B/Victoria lineage	3	0	0	0
B/Victoria lineage by PCR	3	0	0	0
B/Brisbane/60/2008 - like	0	0	0	0
Influenza and non-influenza co-detection (% +ve)	10 (11.6)	4 (9.1)	1 (25.0)	0 (0.0)

¹Number of specimens positive for at least one of the listed viruses; note a specimen may be positive for more than one virus

The recommended influenza vaccine formulation for trivalent vaccine for New Zealand in 2016 is:

- A(H1N1) an A/California/7/2009 (H1N1)pdm09 - like virus
- A(H3N2) an A/Hong Kong/4801/2014 (H3N2) - like virus
- B a B/Brisbane/60/2008 - like virus (belonging to B/Victoria lineage)

Quadrivalent vaccines contain the above three viruses and plus one more vaccine component:

- B a B/Phuket/3073/2013 - like virus (belonging to B/Yamagata lineage)

Non-influenza respiratory pathogens

Since 2 May 2016, 440 ILI cases were tested for non-influenza viruses, 178 (40.5%) were positive with the following viruses. One hundred and ninety-nine SARI specimens were tested for non-influenza viruses, 137 (68.8%) were positive with the following viruses (see Table 4).

Table 4. Non-influenza viruses among ILI and SARI cases since 2 May 2016

<i>Non-influenza respiratory viruses</i>	ILI	SARI		
	Cases (%)	Cases (%)	ICU (%)	Deaths (%)
No. of specimens tested	440	199	9	2
No. of positive specimens (%) ¹	178 (40.5)	137 (68.8)	7 (77.8)	1 (50.0)
Respiratory syncytial virus (RSV)	44	79	3	0
Parainfluenza 1 (PIV1)	21	14	1	0
Parainfluenza 2 (PIV2)	1	0	0	0
Parainfluenza 3 (PIV3)	4	1	0	0
Rhinovirus (RV)	72	33	4	1
Adenovirus (AdV)	18	17	2	0
Human metapneumovirus (hMPV)	19	7	0	0
Enterovirus	8	2	0	0
Single virus detection (% of positives)	169 (94.9)	122 (89.1)	5 (71.4)	1 (100.0)
Multiple virus detection (% of positives)	9 (5.1)	15 (10.9)	2 (28.6)	0 (0.0)

¹Number of specimens positive for at least one of the listed viruses; note a specimen may be positive for more than one virus

Figure 5. Temporal distribution of the number and proportion of influenza viruses from ILI specimens by type and week¹

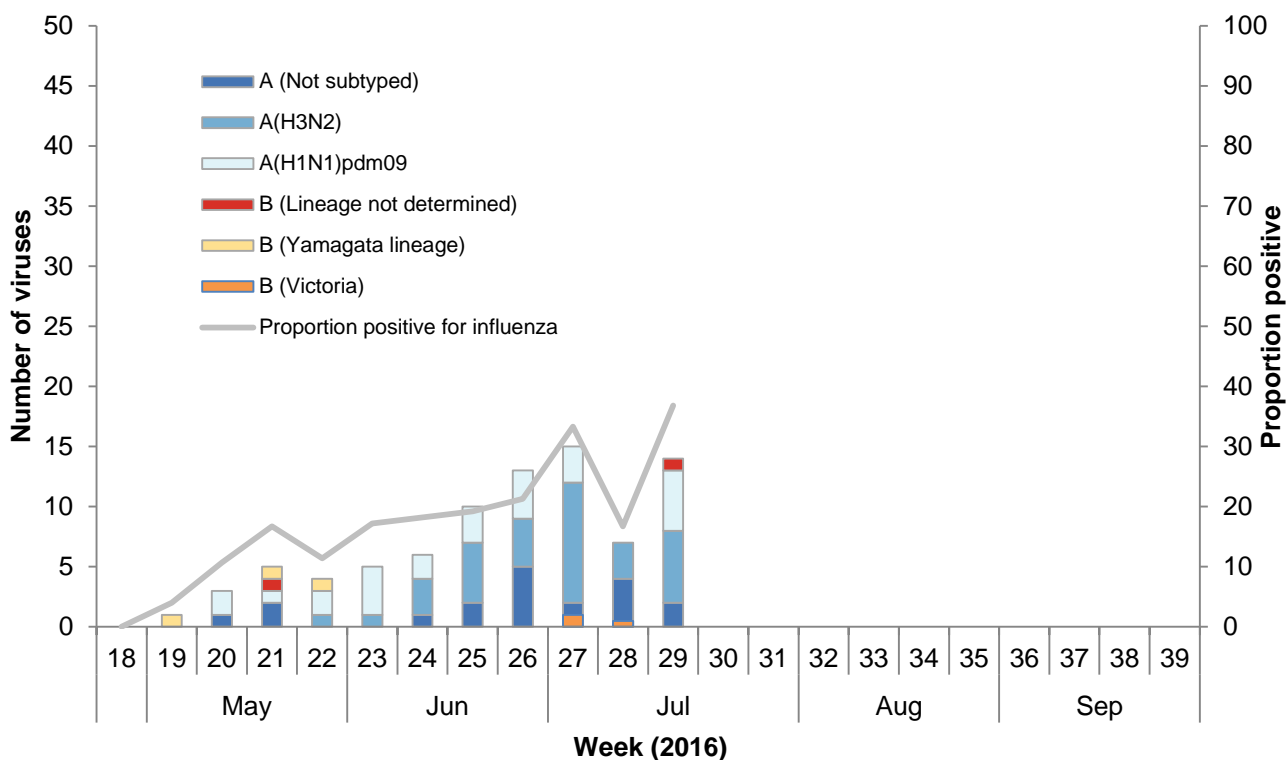


Figure 6. Temporal distribution of the number and proportion of influenza viruses from SARI specimens by type and week¹

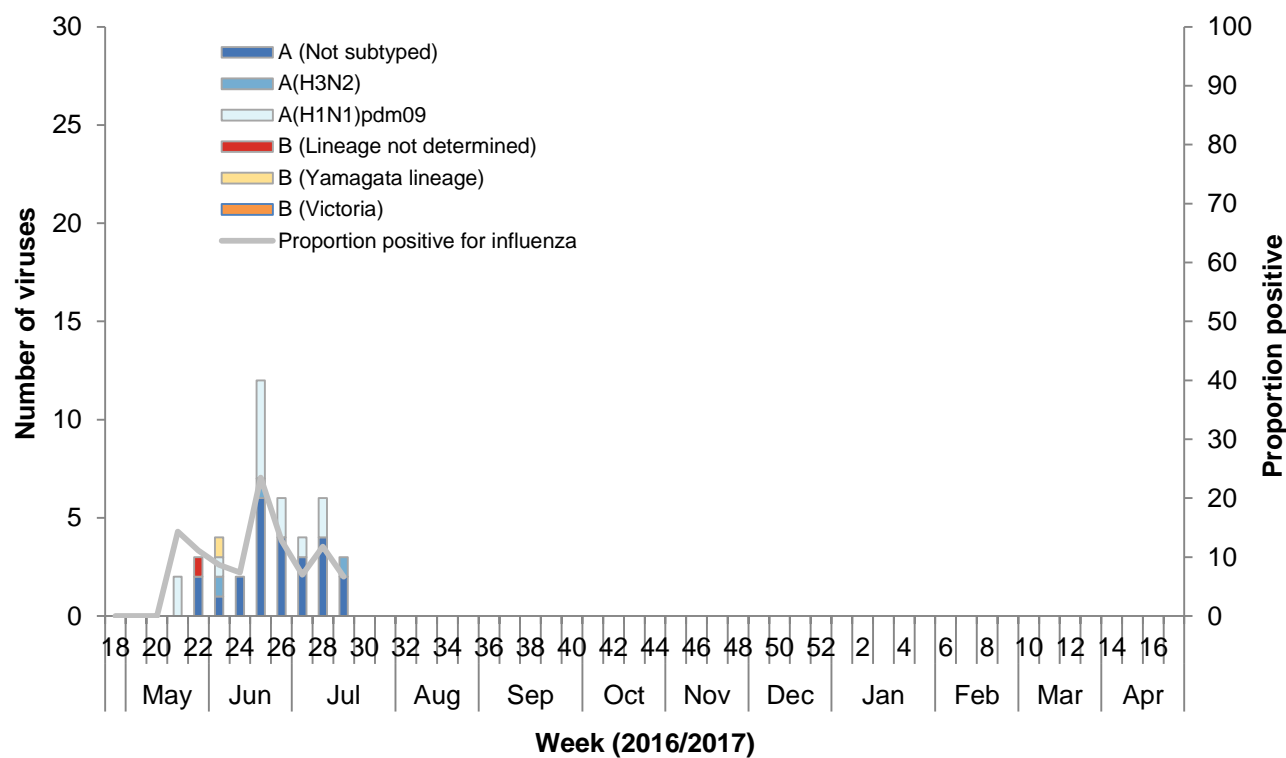


Figure 7. Temporal distribution of the number and proportion of non-influenza viruses from ILI specimens by type and week¹

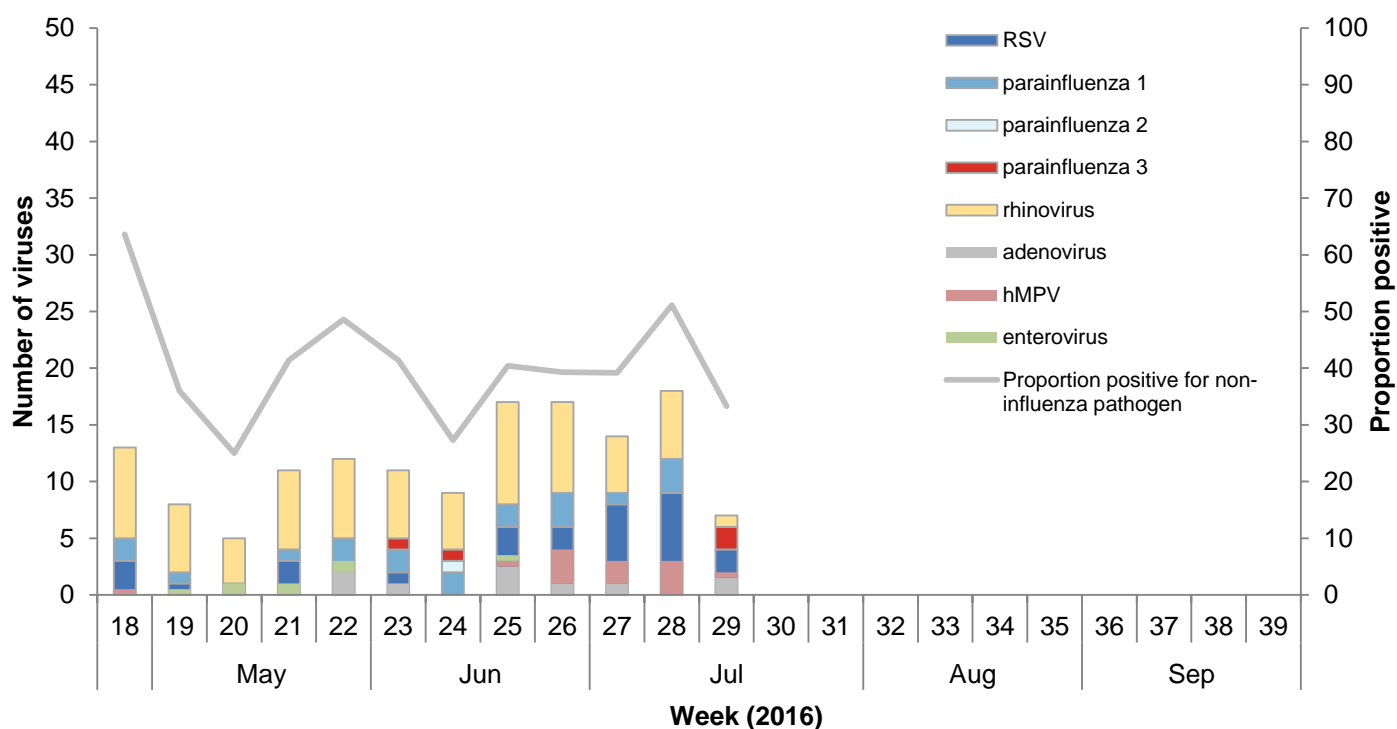
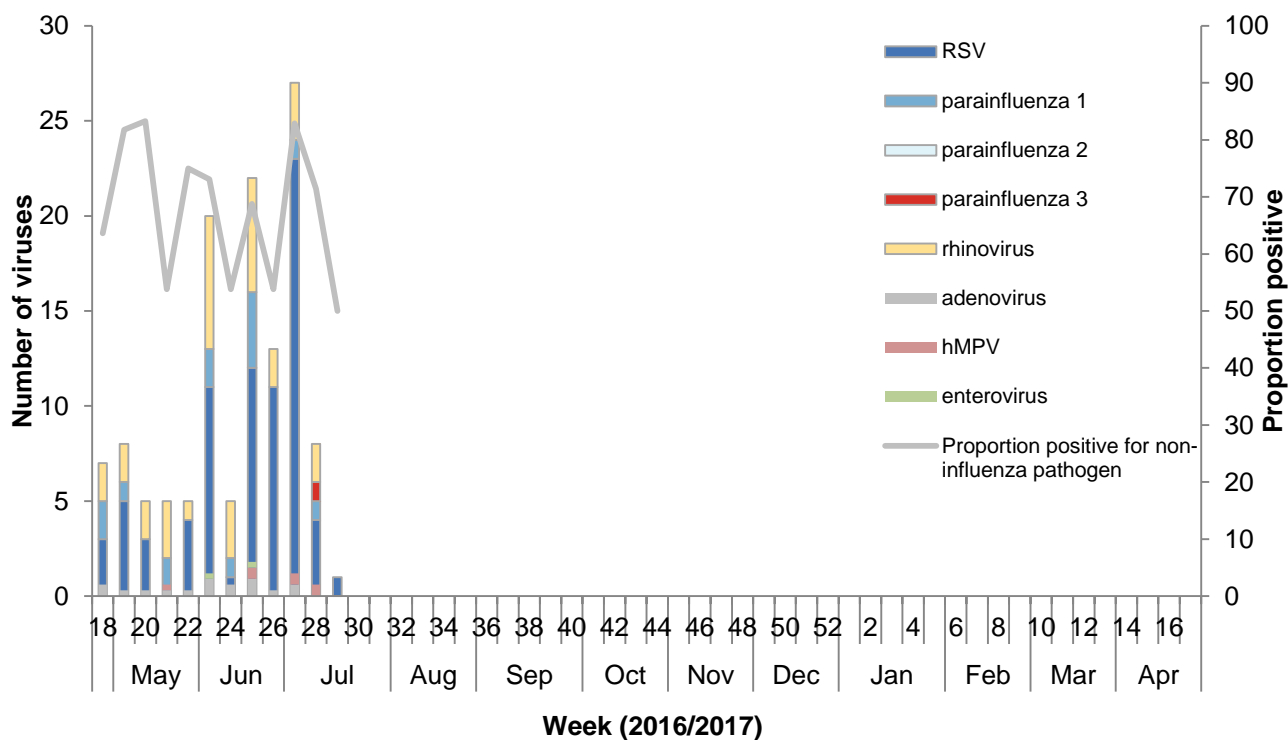


Figure 8. Temporal distribution of the number and proportion of non-influenza viruses from SARI specimens by type and week¹



¹Figures for recent weeks will be underestimates due to time lag in receiving laboratory test results.

APPENDIX

Recent global experience with pandemic influenza A(H1N1)pdm09 highlights the importance of monitoring severe and mild respiratory disease to support pandemic preparedness as well as seasonal influenza prevention and control. Two active, prospective, population-based surveillance systems were used to monitor influenza and other respiratory pathogens: 1) among those registered patients seeking consultations with influenza-like illness (ILI) at sentinel general practices nation-wide; 2) among those hospitalized patients with severe acute respiratory illness (SARI) in Auckland and Counties Manukau District Health Boards (ADHB and CMDHB).

The aims of ILI and SARI surveillance are: 1) to measure the burden of severe and moderate disease caused by influenza and other respiratory pathogens; 2) to monitor trends in severe and moderate disease caused by influenza and other respiratory pathogens; 3) to identify high risk groups that should be prioritized for prevention and treatment; 4) to monitor antigenic, genetic and antiviral characteristics of influenza viruses associated with severe and mild disease. 5) to provide a study base to estimate the effectiveness of influenza vaccine.

ACKNOWLEDGEMENT

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DESCRIPTION OF ILI ACTIVITY THRESHOLDS

The values for the different intensity levels for 2016 are listed in the table below. This is based on New Zealand's consultation rates from 2000–2015 (excluding the pandemic year, 2009) and WHO's interim guidance severity assessment

Below seasonal level (baseline, per 100,000)	Seasonal level (per 100,000)			Above seasonal level (per 100,000)
	low	moderate	high	
<35.1	35.1-82.5	82.5-168.9	168.9-231.8	>231.8

- The baseline threshold indicates the level of influenza activity that signals the start and end of the annual influenza season and it is based on the Moving Epidemic Method (MEM) (*Vega et al. Influenza and other respiratory viruses 2013;7(4):546-558*).
- Seasonal levels (low, moderate and high) are estimated as the upper limits of the 40%, 90% and 97.5% one-sided confidence intervals of the geometric mean of 30 highest epidemic weekly rates using the MEM method. As many other countries use this method, it allows the NZ data to be interpreted not just at the country level but also comparable with other countries.
- The average seasonal curve indicates the usual seasonal activity that may occur during a typical year using the method described in "*Global epidemiological surveillance standards for influenza*" (http://www.who.int/influenza/resources/documents/WHO_Epidemiological_Influenza_Surveillance_Standards_2014.pdf).

NOTES ON INTERPRETATION

- SARI case definition: “An acute respiratory illness with a history of fever or measured fever of $\geq 38^{\circ}\text{C}$, AND cough, AND onset within the past 10 days, AND requiring inpatient hospitalisation (defined as a patient who is admitted under a medical team and to a hospital ward or assessment unit).
- ILI case definition: “An acute respiratory illness with a history of fever or measured fever of $\geq 38^{\circ}\text{C}$, AND cough, AND onset within the past 10 days, AND requiring GP consultation”.
- ILI sentinel general practices: a total of 82 sentinel general practices have agreed to participate in community ILI surveillance. These practices have ~400 000 registered patients, covering roughly 9% of the NZ population.
- SARI sentinel hospitals serving a population of 906 000 people: Auckland City Hospital and the associated Starship Children’s Hospital (ADHB), and Middlemore Hospital and the associated Kidz First Children’s Hospital (CMDHB).
- The real-time PCR assay for influenza virus uses CDC’s protocol (http://www.accessdata.fda.gov/cdrh_docs/pdf8/k080570.pdf);
- The real-time PCR assay for non-influenza respiratory viruses (respiratory syncytial virus, parainfluenza virus types 1-3, human metapneumovirus, rhinovirus and adenovirus) uses CDC’s protocol. Note: The rhinovirus PCR detects mostly rhinovirus with slight cross-reactivity against enterovirus.
- The surveillance week is Monday to Sunday inclusive, and data are extracted on the subsequent Tuesday. Results from previous weeks will be revised as data are updated (laboratory test results in particular may be delayed).

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